

## **Running the Royal United Hospitals**

Speaker: Cara Charles-Barks, Chief Executive

Cara Charles-Barks is currently running the RUH, Bath NHS Foundation Trust. She will be sharing the reasons why she joined the NHS and how she became a Chief Executive of an acute hospital, along with her views of managing the RUH, their achievements and ambitions for the future.

Cara Charles-Barks has been Chief Executive of the Royal United Hospitals Bath NHS Foundation Trust since September 2020. Cara began her career in healthcare by qualifying as a registered nurse in 1991 in Australia. Cara was Chief Executive at Salisbury NHS Foundation Trust during the Novichok incident in 2018 and was awarded an MBE in June 2019 as part of the Queen's birthday honours list. In March 2019, 2021, 2022 and 2023, Cara was named one of the NHS's top 50 Chief Executives. In June 2019, Cara was appointed Honorary Colonel of 243 (the Wessex) Multi-Role Medical Regiment, part of the Army Medical Services.